

The Hawk Circle Earth Skills Correspondence Course

Ricardo Sierra's Earth Skills Seven Day Challenge

Daily Skills Practice Journal

Each time you practice your skill or study plants, etc, it's a good opportunity to jot down what you did, what you learned, what you struggled with, or had a problem, and how you solved it, or what your next step is in your learning process. It takes just a few minutes and it really shows you in no uncertain terms, the value of practice, as well as the volume of learning that happens when we start to practice consistently. You can, of course, do your journaling in any form that best suits you, from a skills diary narrative, to a more visual style. It doesn't matter. The bottom line is to keep learning and growing!

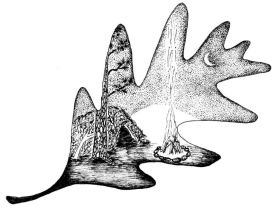
Name: _____ **Date:** _____ **Location:** _____.

Skill I Am Practicing: _____.

What I Did Today:

What I Learned:

My Next Step Is:



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Draw your project, plant leaf, tree, animal track, feather or weather pattern, etc, here. Feel free to draw arrows and make notes about anything specific you want to point out that you discovered that will help you learn:

Final Thoughts for the Day: